

What are the symptoms and signs of kidney disease?

Many people suffering from kidney disease do not exhibit any symptoms or signs until the advanced stages of their disease. As a result, many people with kidney disease go undetected and therefore untreated.

Some symptoms and signs that may suggest kidney disease include:

- Blood in the urine
- Excessive foaming of the urine
- Frequent need for urination during the night
- Decrease in the volume of urine
- Puffiness or swelling of the eyes, hand and/or feet
- Shortness of breath
- Lethargy
- Nausea and vomiting
- Loss of appetite
- Generalised itch
- High blood pressure

Article by Dr Ng Tsun Gun

URL: <http://www.kidneydoctor.sg>